

PINELLAS COUNTY COMMUNITY ASSISTANCE AND BEHAVIOR HEALTH RESOURCES

211 Tampa Bay: This organization offers a wide variety of assistance, including; housing, food pantry, clothing, financial aid, mental health, addiction recovery, Veteran support, etc. Visit [211 Tampa Bay](#) for more detailed information.

Empath Health: Three locations in Pinellas County. Grief counseling services offered by trained counselors for a fee of \$20 hour. 727-523-3451. Visit [Empath Health](#) to schedule an appointment.

988: New number for the Suicide and Crisis Lifeline. You can call, text or chat on 988. Counselors are trained to specifically handle a large range mental issues, addiction and suicide thoughts and actions. The caller will receive community resources and emergency services can be sent if deemed necessary. [988 Lifeline Information](#)

NAMI-Pinellas: National Alliance on Mental Illness. Countywide, Virtual and In-person support groups and programs. Support Groups for parents and youth living with a mental illness, veterans', suicide loss and many more. All programs are offered at no cost. 727-826-0807. [NAMI-Pinellas.org](#)

Pinellas Support Team: They provide behavioral counseling services to children between the ages of 3-17 and their families. Qualifying families receive these services free of charge. Contact Andra Geler at 785-2762 x224 or ageler@childrenshomenetwork.org for more information.